Using Community-Based Social Marketing to Increase Participation in Campus Recycling Programs

June 20, 2013



Agenda

Welcome & Introduction

Using Community-Based Social Marketing to Increase Participation in Campus Recycling Programs

Speakers:

- Jay Kassirer, President of Ottawa-based Cullbridge and General Manager of Tools of Change
- Shannon Leblanc Sustainability Coordinator for Energy Management and Sustainable Operations at the University of Alberta
- Emily Dietrich- Sustainability Coordinator for the Office of Sustainability at the University of Alberta

Q& A (after the presentation)



Your Hosts!







Shannon



Jay

Social Marketing

Poll One



Social Marketing

"The application of commercial marketing ... to influence the voluntary behaviour of target audiences in order to improve their personal welfare as well as that of society."

Andreason, 1995



Roots of Social Marketing

'Two Parents'

Marketing

Social sciences and policy

Social Marketing



Continuum of Interventions





Continuum of Interventions

- Unaware
- Low barriers
- Motivation

- Some barriers
- Motivation

- Entrenched
- High barriers
- No motivation

Information

Social marketing

Law



Continuum of Interventions

- Unaware
- Low barriers
- Motivation

- Some barriers
- Motivation

- Entrenched
- High barriers
- No motivation

Information

Tell me /

show Me

Social marketing Help me

Law Make me



Social Marketing

Distinction from social media marketing



Community-Based Social Marketing



- Term coined by Doug McKenzieMohr PhD
- Co-author of Tools of Change workbook



Community-Based Social Marketing

- Emphasizes direct contact among community members and the removal of barriers
- Uses a set of proven, synergistic tools



- 2. Select Behaviors
 - 3. Research, Segment, Target
 - 4. Develop, Finance the Strategy
 - 5. Test, Implement, Evaluate





Why?

Knowledge and influence

Who?

- Staff
- Volunteers
- Consultants



... knowledgeable about



- One or more, each: basic waste reduction, social marketing, behavior change communication
- Your mission, visions, plans, policies, practices, ability to respond to increased demand for services



... knowledgeable about

- Key audiences, past audience research
- Key stakeholders, their previous and current waste reduction initiatives
- Partners who would add credibility





... with influence



- Financial commitment
- Access to
 - additional funding sources
 - other resources
 - audiences



... able to say "yes, let's proceed"



Include key decision makers:

- As early and as often as possible
- When setting objectives, process, audience, priorities, strategy, plan, funding





Ensure input from:

- Intended audience
- Key stakeholders and partners





Establish meeting schedule

- Academic periods
- Financial periods
- Funding deadlines
- Key committee meetings





Establish Terms Of Reference

- Roles
- Time and resource commitments
- How decisions are made
- How conflicts are resolved



2.

Select Behaviors

3. Research, Segment, Target

4. Develop, Finance the Strategy

5. Test, Implement, Evaluate



Poll Two





Why?

Great Impact on Outcomes





1. List behaviours





- Can't be divided further into behaviours with different barriers
- E.g. recycling biohazards from labs





1. List behaviours





- Closest to producing the desired environmental outcome
- E.g. putting recyclables in collection bin in recycle hut



Lab — Recycle Hut — Recycled and used



1. List behaviours





- NO strategies or tactics
- (e.g. NOT reading a brochure, viewing a video, attending an event, participating in a competition)



2. Rank based on impact, probability and penetration

Behavior	Impact (kg/year diverted)	Probability	Penetration (1-value)	Weight

2. Rank based on impact, probability and penetration

Determine Impact of Each

- E.g. Kg diverted from landfill
- Review information based on past experience (more rigorous)
- Survey experts (less rigorous)



Select Behaviours Determine *Probability* of Each

- Review cases (more rigorous if recent and with a similar audience)
- Survey audience
 - Less rigorous but (a) provides comparative rankings and (b) you can adjust for overstatements
 - Can be used to corroborate a review



2. Rank based on impact, probability and penetration



Determine *Penetration* of Each

- Direct: Inspections, waste audits (more rigorous)
- Indirect: Survey audience (less rigorous)



Select Behaviours Combine all three, then rank options

Behavior	Impact (kg/year diverted)	Probability	Penetration (1-value)	Weight
Put washed glass recyclables from labs in collection bin in recycling hut	5,000	0.4	0.8 = (1- 0.2)	5,000 x 0.4 x 0.8 = 1,600
Put glass recyclables from residences in collection bin in recycling hut	6,000	0.6	0.3 = (1-0.7)	6,000 x 0.6 x 0.3 =1,080

2. Select Behaviors

Conduct Audience Research, Segment & Target

4. Develop, Finance the Strategy

5. Test, Implement, Evaluate

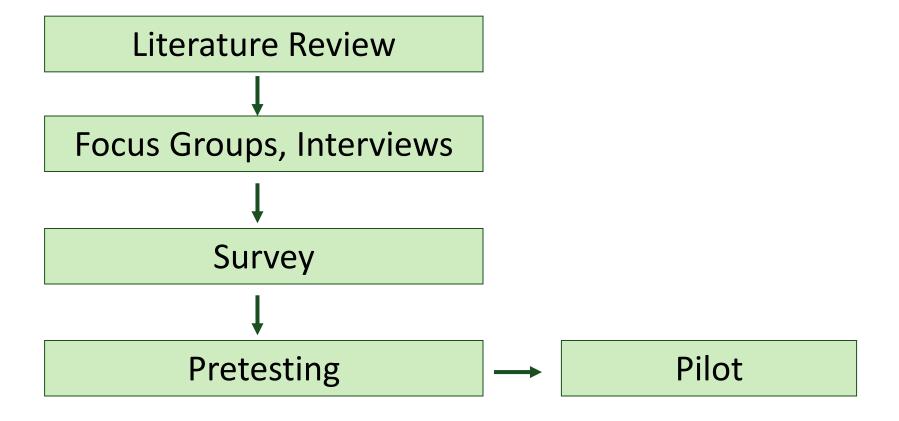


Research

Poll Three



Research Stages





Literature Review

- Conclusions (e.g. on barriers and motivators, impact, probability)
- Data sets (e.g. comparison data)
- Usually less expensive than primary research





Tools of Change

Proven Methods for Promoting Health, Safety and Environmental Citizenship

Home Planning Guide Tools of Change Case Studies Tools Resources Webmars & Workshops

Welcome to the Tools of Change Website

Founded on the principles of community-based social marketing.

This site offers specific tools, case studies, and a planning guide for helping people take actions and adopt habits that promote health, safety and/or sustainability. It will help you include in your programs the best practices of many other programs practices that have already been successful in changing people's behaviour.

If you think you will be using the site for more than just a guick visit, we suggest that you Create an Account. Accounts are free, and having one will enable you to view the site with a focus on your particular interest areas, save your work automatically between sessions, and print the plans you create on-line.

New to Community-Based Social Marketing? Start learning here y







Click for Advanced Search .

Introductions for

- Community Economic Developers.
- Environmental Promoters
- * Health Promoters
- Safety Professionals
- Social Marketers
- Transportation Professionals

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Latest News

Jenuary 05, 2010 New Website Launched in English

January 05, 2010 Next Pive Case Study Webinars Focus on: Sustainable Transportation and Televi-

More News

Interactive Webinars

Social Marketing

Learn and keep up-to-date on social marketing best practices and programs, from the comfort and convenience of your office or home.

Learn More









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Waste Resources

This section of the site provides quick access to case studies and helpful on-line social marketing resources for those involved with waste management. We welcome suggestions for additional case studies and resources.

Latest News

May 10, 2013

Waste Reduction Webinars: Tools of Change and Keep America Beautiful are partnering on two social marketing webinars for solid waste and recycling practitioners.

Changing Recycling and Composting Behaviors Through Social Marketing, the first of the two webinars, took place on May 9, 2013. Jenna Jambeck with the U. of Georgia presented a case study on increasing recyclables in public bins through ecofeedback; Jenn Meilleur with B.C.'s North Shore Recycling Program presented a case study of their free, at-home Compost Coaching program that has a 3-5 year payback period; Kaitlin Phelps with the Environmental Motivation Project gave an overview of competition theory and then students from George Washington U. presented behavior change results from the Recycle-Bowl competition. Webinar video Webinar handout (PDF)

September 15, 2012

New Case Study Webinar: Backyard Composting in Langley B.C. This webinar was presented by Ken Donnelly, LURA Consulting, on Wednesday March 21, 2012. You can access the video and handouts by clicking on the Langley case study below and to the left.

Search the Topic Resources

Search



Click for Advanced Search »



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Backyard Composting in Langley B.C.

Two webinars are currently available that document this program.

Read More »

Most Recent Waste Reduction Resources

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Creative Gallery on Sustainability

Communications # 0



Covers a wide range of sustainability topics. Includes online, print and videos

Read More »

Hoor Pay for Posidontial Woote Pickup in

Secondary Research

- Literature Review other sources
 - CURC, AASHE, Trade associations, NGOs, governments
 - Databases at your institutions
 - Web search
 - Call authors of key studies for updates



Primary Research

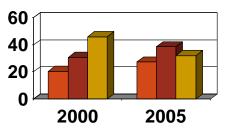


Qualitative

- Subjective, exploratory
- E.g. focus groups, in-depth interviews

Quantitative

- Objective', frequency of occurrence, more powerful statistics
- E.g. surveys (e.g. phone, on-line, intercept)



Primary Research

Data Mining Social Media

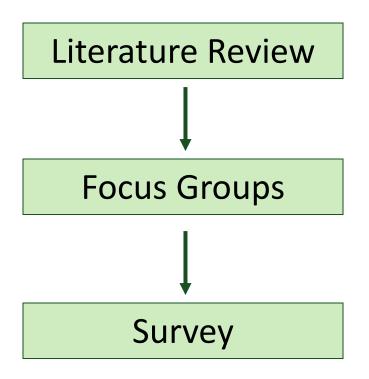




- A Game Changer!
- Rapidly evolving
- Qualitative data on a quantitative scale
- Analysis by location and over time
- Free and paid services



Research Questions at Each Stage

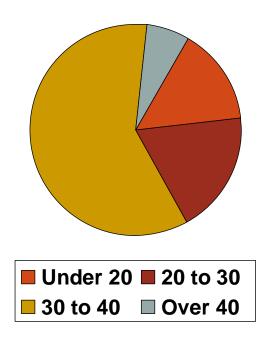


What have past studies found out about why people do / don't do

What is the single most important reason why you do / don't

Thinking of the reasons you do / don't ..., please rate the following statements on a six point scale....





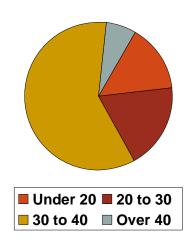


Why?





Increased cost-effectiveness



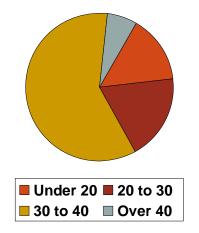


Steps



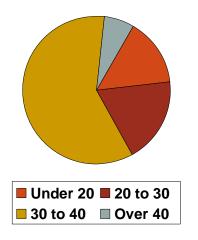








Often iterative 1a Select



primary audiences (you want them to change their behaviour)

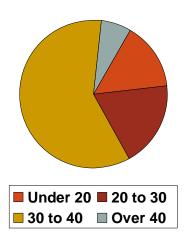
Secondary audiences (channels and influencers)

1b Segment them further



1. Segmentation Variables

Setting



- Lab
- Office
- Residence (kitchen setups vary)
- Outdoor meeting places

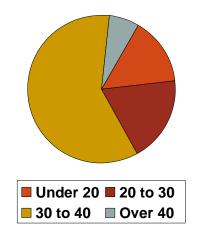


1. Segmentation Variables

Behaviours



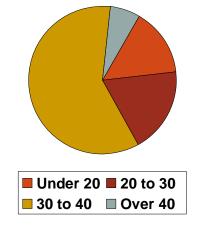
- Already doing related activities
- Exposure to others already doing the behavior





1. Segmentation Variables

- Demographics (first year students)
- Psychographics (lifestyle, personality)



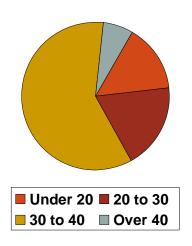


2. Evaluate Greatest Opportunity

Audience	Impact (kg/year for entire population)	Probability	Penetration (1-value)	Cost (1 / value)	Weight
First year students	1,000	0.8	0.8 = (1 - 0.2)	1 = (1 / \$1.00)	640 = (1,000 x 0.8 x 0.8 x 1)
Students in other years	3,000	0.4	0.5 = (1 – 0.5)	.33 = (1 / \$3.00)	200 = (3,000 x 0.4 x 0.5 x .33)



3. Personalize

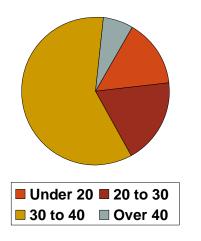


 Barriers and Benefits: lower barriers, increase benefits; make it "fun, easy and popular*"



3. Personalize

Communication Preferences:



- Where, when, how
- Best way to reach people, who they trust as spokespeople; how to frame the message
- Most appealing pictures



On a Limited Budget

- Build on what is already available
- Use less expensive approaches at each step rather than skip the step
- Tap your psychology and market research colleagues, offer student workprojects



On a Limited Budget

- Learn to do the research yourself (use an experienced research coach or reviewer)
- Draw on the collective experience of your planning group
- Build the case for more funds next time



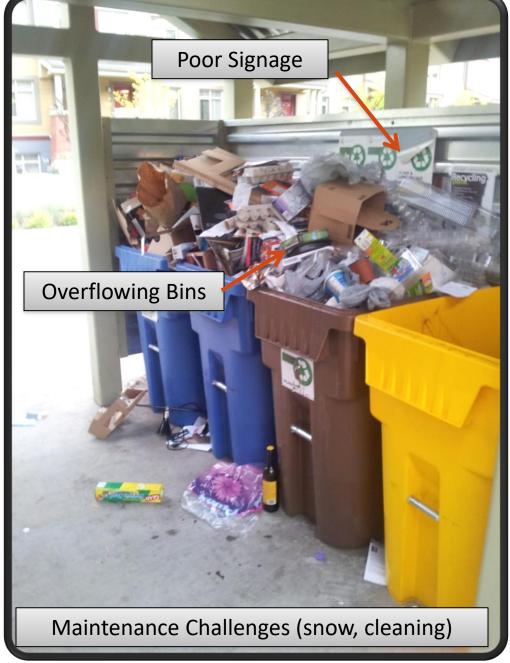
University of Alberta at a Glance

- Established in 1908
- 5 campuses in Edmonton and Camrose
- 18 faculties
- Approx. 400 programs
- > 38,000 students
- > 15,000 staff & faculty
- 5000 students living in residence



Setting the stage...how did this project start....well it was rather unsightly!









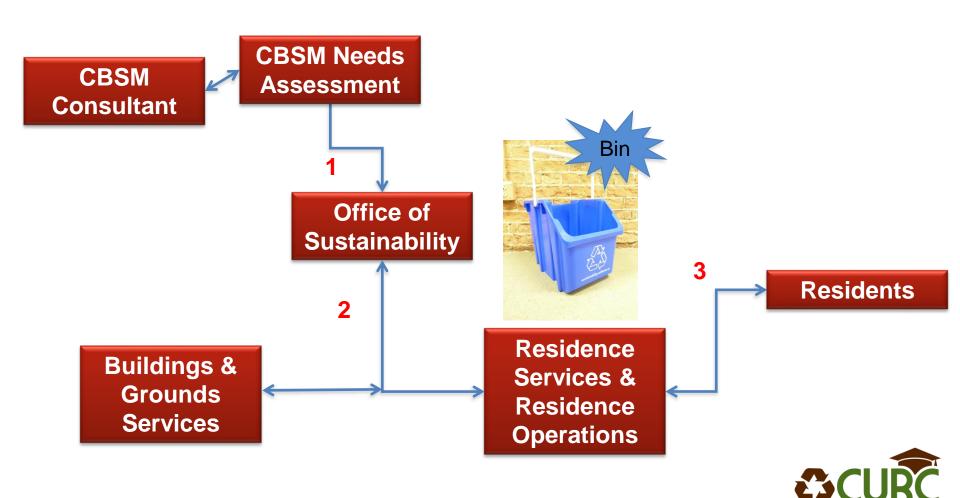


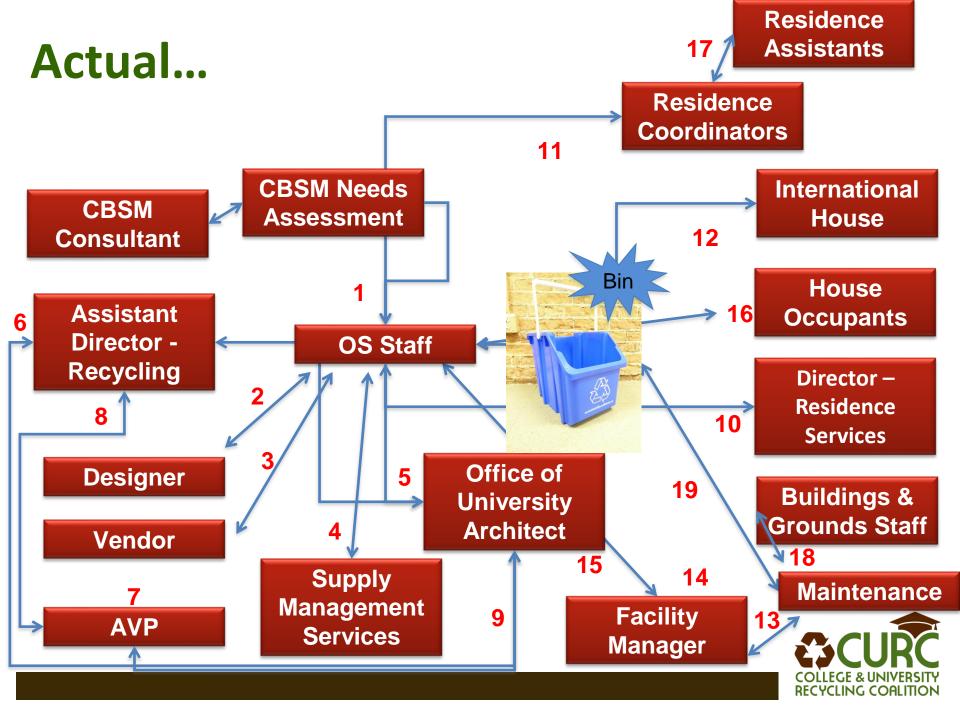
"It is very frustrating when I put my compost in an organic bin filled with garbage and plastic- then I know it is ruined and my work feels pointless"-Student.

"It is a mess at the recycling tin huts. When it is overflowing I don't bother recycling and throw everything in the garbage. It is disgusting and embarrassing when people visit and see the mess"-Student.



Form a Planning Team: Ideal...





Know your audience—needs assessment!



A literature review explored the following:

- Demographic identification
- Impact on program

 participation barriers and
 motivation for targeted
 behaviour
- Exemplary student residence waste diversion programs



Needs Assessment (cont'd)



Barriers

- Access to information
- Waste diversion facilities and pathways being poorly maintained
- Collecting food scraps in the kitchen leads to unwanted odours or attracts flies
- Carrying recyclables and organics to drop off locations is difficult
- Sorting recyclables and organics from landfill materials

Needs Assessment (cont'd)

Literature Review

Survey & Focus Group—
Barriers

Waste Audit & Infrastructure Gap Analysis

Mini-waste audit—
contamination level and
volume (bin fullness)

- Organics bin (high plastic contamination)
- Glass & Light Metals(plastics contamination)
- Waste bin (cardboard contamination)



Needs Assessment (cont'd)

Literature Review

Survey &
Focus Group—
Barriers

Waste Audit & Infrastructure Gap Analysis

Infrastructure gaps identified:

- Signage
- Timing of pick up schedule
- Frequency of cleaning and maintenance of huts
- Snow removal
- Personal bins



Project Goals/Objectives

(1) Address infrastructure and operational challenges.

(2) Improve the educational program.

(3) Increase waste diversion, decrease contamination.

(4) Model a collaborative approach to sustainability in residence.



Factors in Selecting Behaviours



- Impact: Contamination in recycle and organics bins
 - Highest for organics, glass & light metals, waste
- Chose actions that are simple
- Chose actions that focused on the end state
- Chose actions that were
 affirmative (not negative)
 - "Use compostable bags", not"don't use plastic bags"



Targeted Behaviours

When you take your items to the recycle hut...



(1) Use compostable bags for organics.



(2) Sort plastics from glass & light metals.



(3) Recycle cardboard (don't put it in the waste bin).



1. Form a Planning Team

2. Select Behaviors

3. Conduct Audience Research, Segment

4. Develop and Finance the Strategy

5. Test, Implement, Evaluate



Planning & Action – Strategies

Facility & Operational changes

- Improved snow removal
- Frequent pick-ups
- Contact person for issues
 to be dealt with
- Bin rentals available to residents
- New Signage





ORGANICS









Dairy and eggshells Meat scraps Coffee grounds and tea bags Fruit and vegetable scraps Paper and cardboard food containers

Use 100% compostable bags or use no bag

PLASTICS









Plastic bags Plastic containers Non-hazardous lab plastics

PAPER CARDBOARD









Magazines **Paper** File folders **Envelopes**

Books Cardboard

Newspapers

Flatten Cardboard

LANDFILL

No recyclables permitted in this bin



BEVERAGE **CONTAINERS**









Cans and bottles Tetra paks Milk cartons

GLASS LIGHT METAL







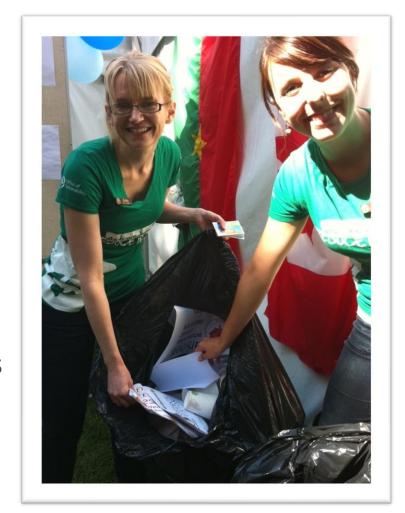


Jars Steel (soup cans) **Aluminium containers** Paper clips and staples Non-hazardous lab glassware

Planning & Action – Strategies

Improved Education & Outreach

- -Residence e-news
- —Door-to-door outreach
- -Social media & website
- –Move-in communications material
- -Champions living in residences
- Sustainability staff attendance at residence events
- —Tough Guys video series







Planning & Action – Strategies

Feedback on progress to residents

- Based on Bi-weekly waste monitoring for volume & contamination
- Communicated through:
 - Residence e-news
 - Door-to-door outreach
 - Social media & website
 - Posters in residences
 - Temporary signage (posters and magnets) in outdoor huts.





EAST CAMPUS VILLAGE CONTAMINATION UPDATE FOR: JANUARY 21 — 25, 2013

The University of Alberta is working to reduce the amount of waste sent to landfills. Help us reach our goal of 50 per cent waste diversion by 2015.

REDUCE CONTAMINATION

In order to prevent contamination, please ensure that items are placed in the appropriate bins. If incorrect items are placed in recycle or compost bins, the entire bin may be sent to the landfill.

Compostable bags are available at International House.

ORGANICS

SUMMER: 33%

15% PLASTIC CONTAMINATION

GOAL: NO PLASTICS IN THIS BIN







Prompts



Financing

1. Pilot Project Purcha astable

Bags

Type of cost: Paid for by:

2. Company Type of Paid for work

3. Full Imple Compostable **b.**

Type of cost: Upfront

Paid for by: combination or

Residence Services

Any recurring costs to replace for lost bins will be paid for as a fee by residents.

Strategy: Office of Sustainability cover up front costs for pilot to

demonstrate success to Residence

Services, with the ultimate

outcome of having costs integrated

into operational costs of

residences.

ot) and

1. Form a Planning Team

- 2. Select Behaviors
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Pilot, Implement & Continuous Improvement

- New Recycle Station Signage
 - Pre-tested (pilot); implement
- Operations & Maintenance
 - Snow removal, increased frequency of pick up
 - Personal compost and recycle bins & bags
 - Small pilot (20 units), Full (80), Expected (500)
 - Compostable bags

"I love what you all do - I am very appreciative of my compostable bins, the contamination updates, and all your other efforts!"

"So...I went to learn how to cook Indian food in grad residences north of I.House - and I got scolded for intending to throw scraps in the garbage instead of the compost pail...lol. Your work lives on..."

Monitored through:

- Surveys
- Anecdotal reporting
- Biweekly
 monitoring for
 waste volume &
 contamination
 levels

"I saw the little paper survey's on the pin-board of the entryway to the graduate residence. It's neat to see the contamination levels in the trash ... It would also be neat to have a little competition ... to see who can increase their recycling levels the most and have a pizza party as a prize."



Organics

- Average overall contamination decreased by 15.9%
- Average plastic contamination decreased by 15.7%
- Average fill level increased by 23.6%

Glass & Light Metals:

- Average overall contamination increased by 3.4%*
- Average plastic contamination increased by 3.4%
- Average fill level increased by 10.0%

Landfill Materials:

- Average overall contamination decreased by 14.8%
- Average paper contamination decreased by 2.7%.
- Average fill level increased by 7.8%.



^{*}Being addressed

Barrier: Access to information about how to recycle and compost:

 The proportion of residents rating lack of information as a large problem has decreased from 29% to 8%.

Barrier: Recycling or Composting Facilities are Poorly Maintained:

 The proportion of residents rating this as a large problem has decreased from 35% to 9%.

Barrier: Paths to Facilities are Poorly Maintained:

 The proportion of students rating this issue a large problem has decreased from 40% to 5%. Residents who rated access to information as "sometimes a problem" shifted from 31% to 23%.

Barrier: Collecting food scraps in the kitchen leads to unwanted odours:

No significant change over three years.

Barrier: Collecting food scraps attracts flies:

No significant change over three years.

Barrier: Carrying Recyclables and Organics to Drop off Locations:

No significant change over three years.

Barrier: Sorting Recyclables and Organics from Landfill Materials:

 The proportion of residents rating this as a large problem has increased to 17% from 7%. Residents who rated access to information as "sometimes a problem" stayed consistent.

Lesson Learned

- Direct Feedback to Residents is Essential
- Make Connections with Residence Leaders
- Identify and Involve All Appropriate Stakeholders within the Institution
- Data is a Strong Tool to Advocate for this Type of Program
- Program is a Model for other Residences
- Use Communication Measures that Stand Out



Next Steps

- Personal compost & recycle bins in all units
- Green Spaces Dorms Certification
- One Simple Act on Campus
- Creative engagement strategies to do myth busting around composting
- Further leveraging student leaders
- Build on students belief about waste (e.g., 'it really bothers me to see things to go to waste')
- Communicate better, 'the why bother?'



Resources

- Templates from UAlberta:
 - T-shirt
 - Magnets
 - Handbills
 - Thought bubble
 - Focus Group
 - Survey Summary
 - Survey
 - Posters

- Case studies and other online resources (toolsofchange.com & cbsm.com)
- Instructional and case study webinars (webinars.cullbridge.com)



Questions



Contact Information



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